

# The Relationship of Adverse Childhood Experiences (ACEs) to Adult Well-Being, Disease, and Premature Death

**The Connecticut Women's Consortium**

*in collaboration with*

**The MSW Program of the Department of Social Work,  
School of Health Sciences, Quinnipiac University**

*presents*

## Dr. Vincent J. Felitti, MD



A renowned physician and researcher, Dr. Vincent J. Felitti is one of the world's foremost experts on childhood trauma. Leading the charge in research into how adverse childhood experiences affect adults, he is co-principal investigator of the internationally recognized Adverse Childhood Experiences (ACE) Study. Defying conventional belief, this study famously revealed a powerful relationship between our emotional experiences as children and our physical and mental health as adults. In fact, the ACE Study shows that humans convert childhood traumatic emotional experiences into organic disease later in life. Revolutionary at its inception, Felitti's groundbreaking research remains extremely relevant to today's health-care models. Founder of the Department of Preventive Medicine for Kaiser Permanente, Felitti served as the chief of preventive medicine for over 25 years. Under Dr. Felitti's leadership, his department provided comprehensive medical evaluations to 1.1 million individuals, becoming the largest single-site

medical evaluation facility in the western world. During this time, Felitti's revolutionary health risk abatement programs incorporated weight loss, smoking cessation, stress management, and a wide range of cutting-edge efforts to reduce patient risk factors. Dr. Felitti also has served on advisory committees at the Institute of Medicine and the American Psychiatric Association. A noted expert on the genetic disease hemochromatosis, as well as obesity, he educates audiences around the country on these two very common, deadly maladies.

### About the ACE Study

The Adverse Childhood Experiences (ACE) Study is an in-depth, retrospective, and prospective analysis of over 17,000 adult members of Kaiser Permanente, which matched their current health status against ten categories of adverse childhood experiences that occurred on average a half-century earlier. It was found that: adverse childhood experiences are surprisingly common although typically concealed and unrecognized because of time, shame, secrecy, and social taboo; adverse childhood experiences still exert a profound effect fifty years later, transformed from life experience into organic disease, mental illness, and social dysfunction; adverse childhood experiences are the main determinant of the health and social well-being of the nation and of adult medical costs. • Integrating these findings into primary-care medical practice appears to produce a significant reduction in medical care costs and is surprisingly resisted.

#### Location:

Quinnipiac University  
North Haven campus, Room MNH-105  
370 Bassett Road, North Haven, CT 06473

## Wednesday, April 6<sup>th</sup>

**9:00am to 4:00pm**

**Fee: \$100 | 6 CEUs**

(NASW • CCB • MFT • CME)

To register for this training visit:

<https://cwc.industrytrain.com/index.cfm>

Questions? Please contact:

The Connecticut Women's Consortium, Training Department 203.909.6888, ext. 2

